



Special points of interest:

- Course description (front page)
- This course will be co-taught with help from Syracuse University Department of Psychology
- Letter that will need to be signed by your parents on the back page (back page)

Volume 1, Issue 1

Fall 2016

Syracuse University/LJSHS PSY 205 Foundations of Human Behavior

SUPA Instructors: Mr. Fox,

Room 210 LaFayette High School



Course Description

SUPA Psychology is a Syracuse University class being taught concurrently at LaFayette High School. This course is an introduction to the study of Psychology and is intended to give students a survey of the major topics in this field. The topics will range from biological psychology to disorders and treatments. Given the nature of a college level course and the time constraints of a single semester class, it is imperative that students complete a portion of the work independently outside of class.

What is a survey course?

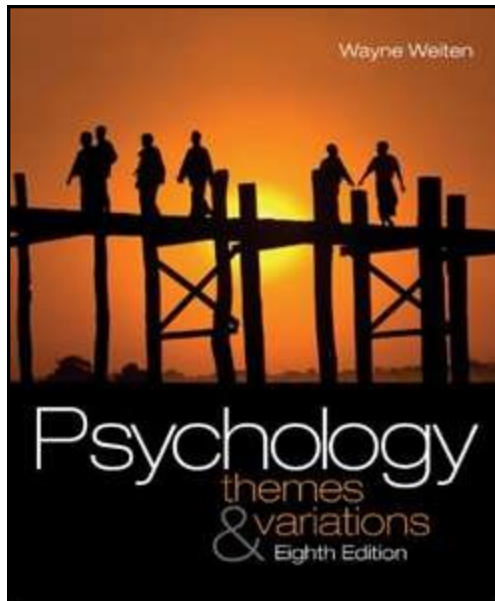
Psych 205 is an introductory 'survey' course of the discipline of psychology and covers specific content areas typical of such courses—some but not all! So the course must focus on the breadth of exposure across many topics rather than any one subject area in depth. As a result, you will be facing the use of a 600+ page textbook that will be covered in roughly 17 weeks (one semester). At times it will seem like you are flying . . .

Therefore . . . Attend all classes, do your scheduled readings, work on out-of-class assignments in a timely way. To procrastinate in this course will invite disaster! Too much to do in a night of hasty reading and cramming for tests. You can be assured that if you keep pace, stay involved, participate in classes, collaborate with classmates, and work at the course DAILY, you will enjoy this Intro Psych course and achieve good success!

Major Objective: Students will demonstrate an understanding of theoretical perspectives in psychology, research methods to test hypotheses, and key terms, concepts, and principles associated with major topics in psychology.

Class Text—Psychology: Themes and Variations (8th ed)

Weiten, Wayne (2006). PSYCHOLOGY: Themes and Variations (8th ed).
New York: Thomson Learning (Houghton Mifflin).



Weiten's PSYCHOLOGY: THEMES AND VARIATIONS, EIGHTH EDITION maintains this book's strengths while addressing market changes with new learning objectives, a complete updating, and a fresh new design. The text continues to provide a unique survey of psychology that meets three goals: to demonstrate the unity and diversity of psychology's subject matter, to illuminate the research process and its link to application, and to make the text challenging and thought-provoking yet easy from which to learn. Weiten accomplishes the successful balance of scientific rigor and a student-friendly approach through the integration of seven unifying themes, an unparalleled didactic art program, real-life examples, and a streamlined set of learning aids that help students see beyond research to big-picture concepts. Major topics typically covered in today's courses are included, such as evolutionary psychology, neuropsychology, biological psychology, positive psychology, applied psychology, careers, and multiculturalism and diversity.

* There is a companion website for our text, that will be posted on Mr. Fox's school web page.

This book is very precise in details and shares a lot of info that could be very useful to the reader. The author provides you with insights on life as well trying to keep the reader awake while he or she is reading it. - review from Amazon.com!

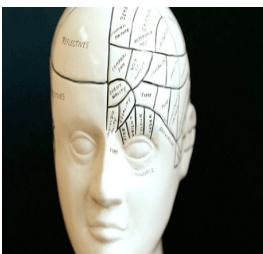
"If the only tool you have is a hammer, you tend to see every problem as a nail."
-Abraham Maslow

Course Requirements

Grade Scale

The course grade is determined by performance across the following assignments: Exams, research assignments, class participation, and short chapter quizzes. An example of a grading structure based on a total of 500 points is shown below. Teachers may use a different point scale, but should use a similar percentage breakdown for weighting grades. Each class requirement is worth a specific number of points that will be summed to yield a final grade. The following scale shows each class assignment and the **maximum** number of points each is worth.

Exams	=	250 points	(50%)
Article review (s)	=	50 points	(10%)
Research Project	=	100 points	(20%)
Participation	=	45 points	(10%)
Ch. Note Quizzes	=	55 points	(10%)
Total Possible	=	500 points possible	



Phrenology was the study of regions and bumps on our head, it was supposed to map out emotions and behaviors

Course Requirements (continued)

Exams: There will be four exams during the semester. The exams are given after the completion of several chapters. The format for the exams will be multiple choice and short answer. Any information from the reading, class lectures and demonstrations may appear on the exam.

Article Review: Journal article related to the research project topics will periodically be assigned. Students will outline and critique the content of the article. The format for these journal article reviews will be provided.

Research Project: One of the most fundamental aspects of this course is to understand the importance of psychological research. Students will be assigned a project in some area of psychology. Each student will be involved in the research of this project and will also be responsible for writing paper on their research. More information on the project will be provided at the time it is assigned.

Class Participation: The study of Psychology is by nature a highly interactive pursuit and therefore student participation is critical for creating a vibrant class environment. Students are expected to take part in class discussion, collaborative work, and demonstrations.

"Accomplishment is socially judged by ill defined criteria so that one has to rely on others to find out how one is doing."

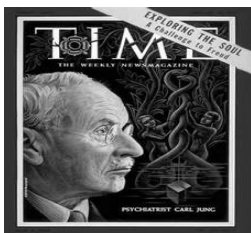
-Albert Bandura

To determine the course grade add all of the points acquired by a student and compare the sum to the following scale.

A = 460 & over (92%)	C+ = 360 - 379 points (72-76%)
A- = 440 - 459 points (88-92%)	C = 340 - 359 points (68-72%)
B+ = 420 - 439 points (84-88%)	C- = 320 - 339 points (64-68%)
B = 400 - 419 points(80-84%)	D = 300 - 319 points (60-64%)
B- = 380 - 399 points (76-80%)	F = 299 or less points (<60%)

" Everything that irritates us about others can lead us to an understanding of ourselves"

- Carl Jung



Carl Jung



SUPA Psychology

Syllabus

Tentative Schedule of Topics

Week	Topic	Chapters
Sept 7th - 9th	Introduction / Registration	
Sept 12th - 16th	Evolution of Psych & Research	1,2
Sept. 19th - 23rd	Biological Bases of Behavior	3
Sept 26th- 30th	Sensation and Perception	4
Oct 5th(Wed)	EXAM 1 (Chapters 1, 2, 3, & 4)	
Oct 3rd - 7th	<i>Introduction to Research</i>	
Oct 10th - 14th	Learning	6
Oct 13th (Thurs)	Article Review #1 Due	
Oct 17th - 21st	Memory	7
Oct 24th - 28th	Motivation and Emotion	10
Oct 31st - Nov 4th	Human Development	11
Nov 7th- 11th	<i>Research Groups Assigned / Research</i>	
Nov 10th	EXAM 2 (Chapters 6,7,10,11)	
Nov 14th - 18th	Personality	12
Nov 21st- 23rd	(Short week) Research Groups	
Nov 28th- Dec 2nd	Psych Disorders & Treatment	14,15
Dec 2nd	Article Review #2 Due	
Dec 12th - Dec 16th	Social Psychology	16
Dec 19th - 23rd	Group Research Week	
Dec 22nd	EXAM 3 (Chapter 12,14,15,16)	

Christmas Break Dec 26th - Jan 4th

January

Research Groups

Research Presentation Day

TBA

(Projected to be Jan 26th)

****October 11th Projected Syracuse Campus Visit**

Who you should know

Mr. Fox

jfox@lafayetteschools.org



Questions about SUPA?

Christina Parish, Director

cmparish@syr.edu

Christine Signy, Senior Student Records Coordinator

csigny01@syr.edu

PROFESSOR LEWANDOWSKI

Professor of Psychology
Meredith Professor for Teaching Excellence
Clinical Professor, Upstate Medical University,
Department of Psychiatry

Prof. Lewandowski teaches a variety of graduate and undergraduate courses, including the introductory psychology course.

He is a licensed psychologist and certified school psychologist and a member of the school psychology training program.

Lewandowski has published extensively on brain-behavior relationships in children, particularly those with learning and attention disorders. He is on the editorial boards of the *Attention Deficit Hyperactivity Disorder Report*, the *Journal of Attention Disorders*, *Journal of Attention and Related Disorders*, and the *Journal of Psychoeducational Assessment*, in addition to being an ad hoc reviewer for several other journals.

He is a consultant on disability issues to the National Board of Medical Examiners and several state boards of bar examiners. His current research involves computer-assisted assessment and interventions for students with learning and testing difficulties. He is



Letter to Parents/Guardians

Dear Parents/Guardians,

This letter & syllabus contains information regarding important aspects of our classroom and program. Please read this letter & syllabus carefully, keep the information you need and sign and return the bottom portion of this letter.

First of all, I just want to say how excited I am to be teaching SUPA Psychology for the fifth time!. With the assistance of Syracuse University and experts in the field of psychology, we will be providing your student with an extremely high level Introduction into the world of psychology. With that being said, I want to remind you that your student is perhaps taking their first college course and it is important to remind them of their new responsibility. First and foremost remind them that this course will be rigorous. The expectations here are not just of LaFayette Central Schools but also Syracuse University. Students are not only to follow the guidelines found in our school handbook, but also the rules of the university as far as conduct, work ethic and rules on cheating and plagiarism.

My next message is specifically geared toward parents/guardians. The world of psychology is complex and broad. Furthermore, taking a course at the college level, may lead us to complex topics (some that might be considered a bit beyond high school level in content and theme) that would normally be discussed on a college campus.

I assure you that the topics and curriculum for this course are defined and approved by the staff and members of the psychology department at Syracuse University. This includes the text, readings, films clips and other related material. If you have any concerns throughout the semester regarding material please feel free to contact me.

Please sign and return: Name _____ Date _____